



您的  聲
我們來守護

依舊愛我 **1925**

衛生福利部
24小時安心專線



宜蘭縣政府衛生局 關心您 廣告



Your voice matters. We are here for you

1925

Ministry of Health and
Welfare 24-Hour helpline

1 Awareness of others:

Being aware and attentive gives them a glimmer of hope.

2 Inquire:

Taking the initiative to ask makes them feel cared for.

3 Listen:

Patiently listening lets them know they're not alone.

4

Seek Help:
Actively seek help, let's save lives together!

